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## What is claimed is:

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A breathable, stretchable, hydrophilic material comprising:

- a porous inner layer of stretchable fabric;
- a porous outer layer of stretchable fabric;
- a central layer of open cell foam fixed between said inner and outer layers to stretch with said inner and outer layers.
- 2. The material according to claim 1 wherein said inner layer includes a blend of polyester and lycra.
  - 3. The material according to claim 2, wherein said blend is 83% polyester and 17% lycra.
- 15 4. The material according to claim 1 wherein said outer layer includes a blend of nylon and lycra.
  - 5. The material according to claim 4, wherein said blend includes 8.99% bright nylon, 10.85% semi-dull nylon, and 8.16% bright lycra.
  - 6. The material according to claim 1, wherein said outer layer includes a plurality of loops for hook-and-loop fastening.
  - 7. The material according to claim 1, wherein said central layer of open cell foam is compressed.



- 8. The material according to claim 7, wherein said central layer of open cell foam is compressed at a four-to-one ratio of original thickness to compressed thickness.
- 30 9. The material according to claim 1, wherein said central layer of open cell foam is is polyurethane foam.

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- 10. The material according to claim 1, wherein said central layer is flame laminated to said inner layer.
- 11. The material according to claim 1, wherein said central layer is flame laminated to said outer layer.
  - 12. The material according to claim 1, wherein said central layer is flame laminated to said outer layer and said inner layer.
- 10 13. A method of manufacturing a breathable, stretchable, hydrophilic material comprising the steps of:
  - (A) flame laminating an outer layer of porous stretchable fabric to a central layer of compressed open cell foam to form a two-layer composite material;
    - (B) curing said two-layer composite material for a period of time; and
  - (C) flame laminating an inner layer of porous stretchable fabric to a central layer of compressed open cell foam to form a three-layer composite material; and
    - (D) curing said three-layer composite material for a period of time.
  - 14. A method of manufacturing a breathable, stretchable, hydrophilic material comprising the steps of:
  - (A) flame laminating an outer layer of porous stretchable fabric to one side of a central layer of compressed open cell foam and simultaneously flame laminating an inner layer of porous stretchable fabric to an opposite side of said central layer to form a three-layer composite material; and
    - (B) curing said three-layer composite material for a period of time.